

## Types of Coaching Programs

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When it comes to starting and running a coaching program you definitely have lots of choices and options. This includes the topic of the coaching program itself, and the way it is run or delivered.

One On One Coaching - Many coaches like to offer personalized one on one coaching programs. With this type of program you would cater your offer around the person's needs and goals. Programs of this type are often more expensive than other coaching programs.

Group Coaching - as the name implies this is done in a group setting. Group coaching can be done using tools such as Skype or by using a webinar software. All lessons are typically delivered online and are recorded. This way if anyone misses a lesson they can listen to the recordings.

Next let's take a look at the types of coaching that can be offered. You could practically offer a coaching program for almost anything these days. Some of the most popular programs are those for life coaches, business coaches, sports coaches, career coaches, performance coaches and team coaches.

These coaches would cover different fields and industries. Each coach would be specialized in this particular field. Another popular coaching area is that of the online marketing coach. Many people today want to learn how to make money online, and what better way to do this than by hiring a coach?

As you can see the possibilities for what type of coaching program you could offer is huge. Of course, you want to coach in an area that you feel you are specialized in. One that you can demonstrate your expertise in.

Then of course there is the area of teaching someone how to be a coach. You may have the desire to coach people, but do you really know how to go about this? Learning how to become a coach can be a invaluable experience for you to gain before launching your own program.

Your first step in becoming a coach is to first learn what it entails to be a good coach. Then define an area that you want to specialize in. Once you have done that, then you want to outline a course or program for your coaching offer. Once this is in place you can start looking for your very first coaching clients or students.

Coaching can be an extremely rewarding experience. Always remember that the person taking your coaching is looking for guidance and a path to success. If you can deliver these things you can earn a good reputation as a coach in your field.