TOP RECOMMENDED GUIDE:

**How To Stay Fit, Productive and Happy While Running A Business From Home or Away!**



Find Out The Exact Steps And System You Need To Take To Redesign Your Lifestyle!



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# Productivity Tools

### 1. IFTTT

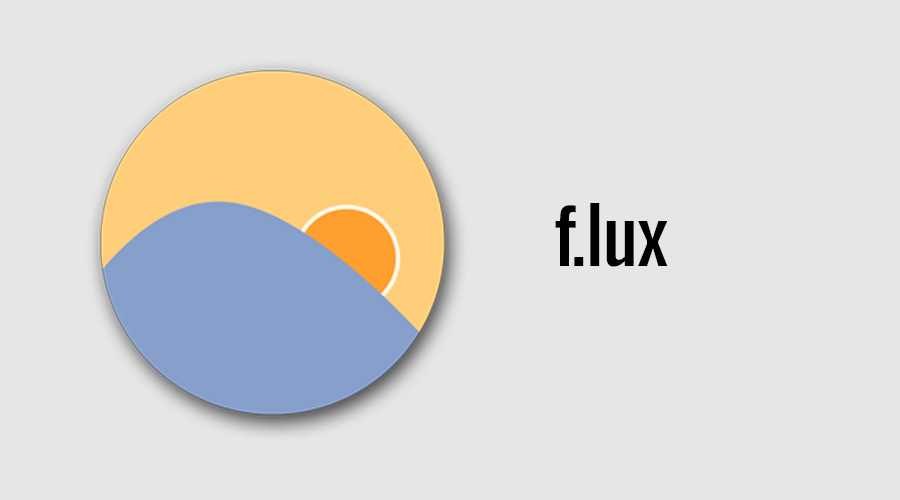
<https://ifttt.com/>



IFTTT can help you to automate some of your simpler online tasks, saving you valuable time and making you more productive.

### 2. f.lux

<https://justgetflux.com/>



f.lux is a brilliant program that changes the brightness and color of your screen to match the time of day where you are. This helps your body to shut off naturally at night after using your screen, and lets your eyes adapt naturally to changes.

### 3. Rescue Time

<https://www.rescuetime.com>This program does exactly what its name suggests; it helps you to reclaim wasted time. It does this by showing you exactly what you spend time on throughout the day, thus ranking your productivity.

### 4. LastPass

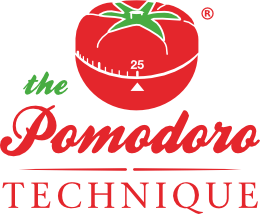
<https://lastpass.com/>



I can honestly say that this tool has helped to save me countless hours of headache and annoyance. It simply remembers every password that you have, but unlike your browser, it can also be logged into on ANY computer around the world. That means that no matter where you are, you have all your passwords to save you some time!

### 5. Pomodoro Technique

<http://pomodorotechnique.com/>

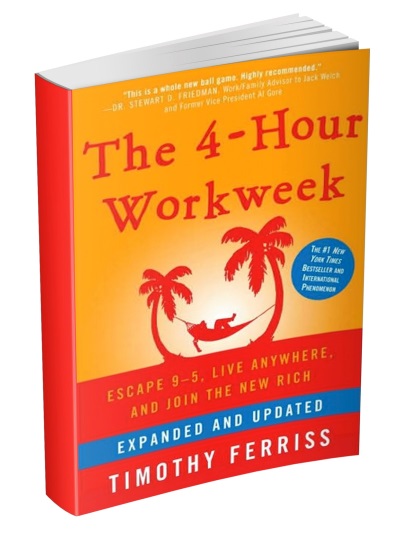


If you’ve ever looked at increasing your productivity then I’m sure you’ll have seen the pomodoro technique. It’s a work/break time scheme that is shown to hugely increase productivity.

# Blogs You Need To Be Following

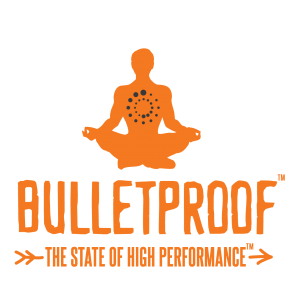
### 1. Four Hour Work Week

<http://www.fourhourworkweek.com/blog>



We've raved enough about Tim Ferriss already. This is his blog.

### 2. Bullet Proof Exec

  
<http://www.bulletproofexec.com>

This is the blog of Dave Asprey, a guy who has a similar approach to Tim Ferriss and who is very interested in biohacking and performance enhancing.

### 3. Marks Daily Apple

<http://www.marksdailyapple.com>

Mark's Daily Apple is a great fitness website that has lots of advice on diet, training and lifestyle. He's very paleo but don't let that put you off!

### 4. Smart Passive Income

<http://www.smartpassiveincome.com>

The home of Pat Flynn, a particularly likeable internet personality who teaches you how to earn passive income. We discussed that in the book at length – it's money that you continue to earn even as you sleep!

### 5. Steve Pavlina

<http://www.stevepavlina.com>

This guy is less likeable but his self-help like advice provides some very useful information to help you live healthier and be more productive!

# Other Tools and Tips

### 1. Free PDF Convertor

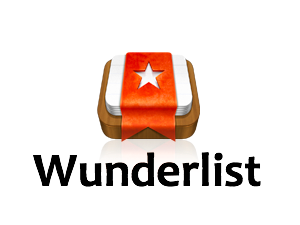
<https://www.freepdfconvert.com/>



A free PDF convertor to convert your document into a PDF.

### 2. Wunderlist

<https://www.wunderlist.com/>

 Wunderlist is one of the best organization tools out there at the moment. It’s basically like taking all your handwritten notes and lists online, only with much greater functionality, ease and portability. A true time saver.

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